



Sensorimotor Psychotherapy

Development, Attachment and Trauma Training

EDMONTON, AB

2010

Training Dates

Block 1: Feb 25 - 28
Block 2: March 18 - 21
Block 3: April 15 - 18
Block 4: May 13 - 16

Block 5: June 10 - 13
Block 6: September 23 - 26
Block 7: October 21 - 24

Training Times

Thursday - Saturday 9:00 am - 6:00pm
Sunday 9:00 am - 1:00pm

Trainers



Jaci Hull, MA, LMFT, is a licensed psychotherapist in private practice for 20 years in Boulder, CO. She is a Certified Hakomi Trainer, serves on the Hakomi Institute Board of Directors, has served as adjunct faculty at Naropa University, and is a co-facilitator of Experiential Couples Psychotherapy with Rob Fisher. She received her degree in Contemplative Psychotherapy from Naropa University. Her post-graduate training includes Family Systems Therapy, EMDR II, BrainSpotting, Group Leadership, and Somatic Trauma Resolution.



Kekuni Minton, Ph.D., is a founding trainer of SPI and a faculty member at Naropa University. His doctoral thesis in clinical psychology focused on somatic relational therapy and he has special interests in meditation and cultural trauma. He was the resident psychotherapist at the Boulder County AIDS Project, and has presented at a variety of conferences internationally.

Training Description

Sensorimotor Psychotherapy identifies two general kinds of interrelated psychological issues: developmental and traumatic. Developmental issues result from disturbed early attachment relationships that lead to limiting beliefs about oneself and the world, while post-traumatic stress disorder results from overwhelming experience that remains disintegrated. When combined with unresolved trauma, early attachment disturbances can lead to a wide variety of adult relational problems.

Level II of the SPI training program builds on the curriculum of Level I, emphasizing how traumatic, attachment, and developmental issues influence one another, and how to provide effective treatment given their inevitable intertwining. The length of this training is approximately 196 hours.

Curriculum Topics

Translating the Language of the Body
Working with the Organization of Experience
Working with State-Specific Memory
Attachment Issues: Dependency and Differentiation
Therapeutic Use of States of Consciousness
Body Reading
Characterological Barriers to Adaptive Action
Somatic Transference and Countertransference
Working with Physical and Mental Action Tendencies
Psychobiological Action Systems
Character Strategies and their Interactions with Trauma
Modulation Patterns and Correlation with Trauma
Somatic Resources for Character and Attachment Issues
Character and Structural Dissociation
Working with Regressed Ego States
The Therapeutic Relationship, Attunement, and the Body
Systems Theory: Developmental and Traumatic
Restoring a Somatic Sense of Self

Prerequisites

Completion of *Level 1: Training for the Treatment of Trauma* is a prerequisite for this course. A requirement for acceptance to this training is the recommendation from all the Trainers of a participant's Level 1: Training for the Treatment of Trauma.

Tuition

\$6000 CAD +GST (Price subject to change).

Tuition includes training and course materials, snacks and refreshments, plus a non-refundable deposit of \$1000.00. Participants are responsible for their own lunches.

Tuition can be paid in two ways:

- 1) Paid in Full - Participants will receive a 5% discount \$5700 + GST
- 2) Payment Plan - Participants will pay \$6000 + GST instalments throughout the training

PMT #1 - REGISTRATION	\$1,200.00 + GST
PMT #2 - MARCH 1st	\$800.00 + GST
PMT #3- APRIL 1st	\$800.00 + GST
PMT #4 - MAY 1st	\$800.00 + GST
PMT #5 - JUNE 1st	\$800.00 + GST

PMT #6 - SEPT 1st	\$800.00 + GST
PMT #7 - OCT 1st	\$800.00 + GST

Registration Process

First Step: Apply directly with Sensorimotor Psychotherapy Institute (SPI) for qualification. A non-refundable registration fee of \$25 USD is required with the application. Applications will be received up until two weeks prior to the start of the training. Please apply early as space is limited.

Click on the SPI website link below to apply

[Sensorimotor Psychotherapy Institute](#)

Second Step: Once qualified, SPI will notify participants of their acceptance to the program through e-mail. To complete the registration process, participants must then make payment arrangements with Aspirations Inc.

Payments are accepted by credit card on our secure website

[Aspirations Inc.](#)

Cancellation & Refund Policy

In the event minimum enrolment is not met, Aspirations Inc. reserves the right to cancel or reschedule the training and full refunds will be provided to participants.

There is a non-refundable deposit of \$1000.00 included in the training fee. Participants who cancel their enrolment prior to May 1, 2010 will be eligible for a partial refund. There are no refunds past May 1, 2010, except cases in which the participant has a medical emergency. In cases of medical emergency, a refund will be administered to the participant only after Aspirations Inc. has been provided with formal documentation regarding the emergency.

Work-study Opportunities

A work-study position is granted to participants at a discounted rate (\$500 off regular price) in exchange for completing tasks throughout the training sessions. Participants who are in financial need and who apply for positions will be considered. The successful participant(s) will be notified at least month prior to the start of the training.

Work-study Application Process

Work-study recipients are responsible to help Aspirations Inc. with tasks related to the training. A representative with Aspirations Inc. will assign tasks and responsibilities prior to the training. Work-study recipients will be financially compensated by having their training tuition reduced by \$500.00.

*Please review the list of possible responsibilities required of the work-study recipients before applying. **Work-study recipients must have a vehicle.***

Work-study jobs may include but are not limited to:

- Presenter Transportation (Arrange with presenter pick-up and drop-off times each training day, provide local transportation, and on the final day transport trainer to the airport.)
- Modest Catering (Coordinating with Aspirations Inc. to pick-up, store, handle and display snacks and drinks for the training.)
- Training Location Tasks
 - Arrive early to provide access to the training space
 - Prepare the training space (e.g., set out chairs, tables, and training materials etc.)
 - Restore the training space to its original condition and remove trash.

Application:

Provide your contact information: Name, Address, Phone, Email, Training location and start date for the training in which you are applying.

Write a half page - one page essay detailing your work experience and financial need and how you believe you can contribute to the training as a work-study recipient.

Submission:

Send the completed application via e-mail: aspirations@asafelacetogrow.ca

Subject Line: “**Work-study Application - 2010 Trauma Training**”

Application Deadline:

The deadline for work-study applications is one month before the start date of the training.

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